



30th Year Anniversary



By Lisa Horrocks, Executive Director

Wow! It is 30 years since a few community members, and homelessness activists got together and formed HOTT in 1987. HOTT first bought and renovated five houses, and then in 1988, one year later, we started operations, housing and support of 25 residents. We have grown gradually since then and now have 11 properties, housing 260 residents in 143 units. It is only through the dedication of committed staff and volunteers that we have survived and thrived over the 30 years. Thanks to you all! The next 30 years will bring challenges, just as the last 30 years did. We are ready to meet them, and continue strengthening and building the organization into the future.

Five plants to have in the bedroom to help with insomnia & anxiety. How well do you know your plants? Match each plant to its correct name. Answers will be on the last page.

Jasmine

Aloe Vera

Snake Plant

English Ivy

Lavender



WHAT'S UP

HOTT CIRCLE PROGRAMS

First and last Wednesdays of each month.

OFFICE CLOSURES:

- Sept. 27, 2017
- Oct 9, 2017
Thanksgiving

OFFICE HOURS:

Blantyre-Mon-Fri 1-4pm

Jarvis-Tues 10am-3pm

Thurs 2-7pm



HOUSES OPENING TODAY TORONTO INC.'S POSITION ON DISCRIMINATION.

Houses Opening Today Toronto Inc. (HOTT) is committed to creating and maintaining a positive and professional environment that respects the dignity, self-worth and human rights of every individual, and is free from any form of discrimination or harassment.

UP TO THE MINUTE

BEST PRACTICES TO AVOID/REDUCE PESTS



- Do not bring furniture items from the curbside and garbage room
- Keep your unit clean and free of clutter
- Avoid bringing boxes from the supermarket home
- Keep food in sealed containers in a secure location



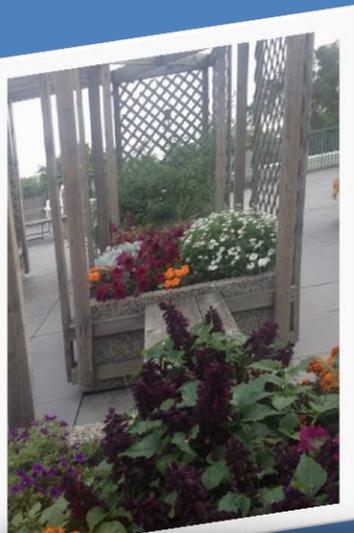
Tenant Town Hall Meeting 2017



HOTT Residents, Staff and Board Members came together and participated in the Tenant Town Hall meeting on May 17, 2017.

HOTT PLOTS

Thanks to the residents who volunteered their time into the HOTT garden plots. They truly are divine looking gardens and we hope everyone has had a chance to enjoy these beautiful surroundings. Thanks for sharing the herbs and veggies that grow.



Don't Go Through Life Grow Through Life. ~Eric Butterworth



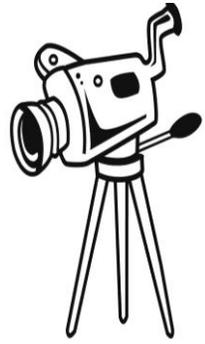
Cathy is an inspiring painter, as you can tell from this beautiful painting named, The Elegant Butterfly.



A huge high five to Sam for volunteering his time and achieving a Certificate of Appreciation from The Salvation Army.

MEET AMIT

Amit is a student at UofT studying Life Sciences. For the summer Amit has been working for HOTT as a Digital and Social Media



Technician. Amit is creating various media pieces such as: written stories, short videos and personal narrative stories. We now have a twitter account (@HOTTHousing) and an active Facebook page (check us out at HOTT Houses Opening Today Toronto). With the help from Amit, HOTT is able to convey the stories of residents and staff, also to show HOTT's ambitions and goals to further help the HOTT community and residents.

IT'S HOTT'S AGM TIME



The Annual General Meeting (AGM) will be held at St. Matthews Clubhouse on Monday, October 23, 2017 at 7:00 pm.

The AGM is where HOTT's Members come together to: review reports from the previous year; accept the audited financial statements; and elect new Board Members. In order to vote at the AGM you need to be a Member. Please contact the HOTT office to renew or to apply for a HOTT membership which is \$1.00 for the year.

If you have a birthday, a milestone, anniversary, or a special event that you would like to share with everyone, please let us know by calling the office or by e-mailing info@hott.ca.

NEVER put your kitchen waste down the garbage chute or in the garbage bin. Kitchen waste goes in the **GREEN BIN**. Examples of kitchen waste: vegetables and fruit remains and/or peel, eggshells and coffee sediments, tea and coffee filter/bags, tainted food, non-liquid cooked food waste, bones, stale breads and biscuits, tissues and paper towels. If you're not sure on what goes where you can ask the office for a **GREEN BIN** poster with pictures.

Please remember to call in any maintenance related work orders to 416-369-0366 ext. 21.

Emergencies can be called in to the emergency pager at 416-753-3828. If it's a health, fire, and safety issue, or involves a life and death situation, **IT IS AN EMERGENCY** and you need to call 911. Please call the office if you haven't received the handy maintenance and emergency contact magnet for your refrigerator. Thanks.

BLUEBERRY HILLS

Makes a healthy delicious treat

Ingredients

- 1 cup dark chocolate/semi-sweet chocolate chips (not baking chocolate)
- 1 cup fresh blueberries

Directions



1. Line a baking tray with foil.
2. Melt the dark chocolate, either in a double boiler, or heating the chocolate/chocolate chips in a microwave safe dish (heat the chocolate till you see it melting. Stir to make sure the chocolate has melted).
3. Stir the blueberries into the melted dark chocolate.
4. Using a tablespoon, spoon clumps of the chocolate covered blueberries onto the foil-lined baking tray.

5. Place in the refrigerator for approximately 30 minutes to set. You can make these in advance for the next day and leave in refrigerator

6. Place the clumps on a plate and enjoy!

Blueberry Hills will keep in the fridge for up to a week in an air tight container.

You can always add a few things to the chocolate to make it your own: shaved coconut, walnut pieces, drizzle the clumps with melted white chocolate. You can't go wrong with chocolate. Just use your imagination!

Written by
Michele



Answers from first page from left to right: Lavender, Jasmine, Aloe Vera, Snake Plant and English Ivy.

